

FBISD SHAC 2023-2024 April 10, 2024 Meeting Agenda

Theme: Celebrating The Joy of Physical Activity

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| I. | Welcome & Mindful Moment – Allison Thummel, SHAC Chair | (Time 12:00-12:05) |
| II. | Presentations and Brain Break
A. Physical Activity Promotion in Schools: Providing More Than Just Health Benefits,
Derek Craig, PhD, Postdoctoral Research Fellow, Timothy Walker, PhD Associate Professor,
UTHealth Houston 25 min
B. ABL in FBISD, John Needem, Steven Buckley, Tracy Johnson, Ashley East, FBISD ABL Teachers 25 min
C. Brain Break, Paresh CI, Naomi K. District Student Wellness Coalition Members 5 min | (Time: 12:05-1:00 pm) |
| III. | Administration
A. 2024-2025 SHAC Update, Allison Thummel 5 min
B. 2024-2026 SHAC Executive Nominations and Vote, Jenna Ross, SHAC Secretary 3 min
C. Vote on February 28, 2024 Meeting Minutes, Jenna Ross 2 min
D. Civic Engagement Announcements,
Chassidy Olainu-Alade, Coordinator Community and Civic Engagement- Communications 15 mi
E. Past Events & Upcoming Events- LaDonna Green, Wellness, Health & Prevention Specialist 5 min | (Time: 1:00-1:30 pm) |
| IV. | Meeting in Closed Session
Breakout | (Time: 1:30-1:45 pm) |
| V. | Meeting Closure-Allison Thummel | (Time: 1:45 pm) |

NEXT FBISD SHAC MEETING: May 15 2024, 12:00 pm-2pm, Location: FBISD Board Room